

Volunteer/Community Service Work or High School Activity	Years of Participation	Total number of hours of participation

Example:

Volunteer/Community Service Work or High School Activity	Years of Participation	Total number of hours of participation
Student Government	Sept. 2015-Jan. 2018	160 hours
Potluck in the Park	July 2014 – Oct. 2017	180 hours
Drama Club	Oct. 2015- Present	74 hours
National Honor Society	Aug. 2014 – Present	122 hours
Volunteering at Sisters of the Road	Dec. 2016 – Dec. 2017	62 hours
Volleyball	Sept. 2014 – Nov. 2017	170 hours