

MOVING FORWARD



A second chance to work together

Volunteers of America Oregon

Moving Forward offers a welcoming environment and safe space for people to access services, check-in with the team and gather with positive people at our community hub. Culturally-responsive mentoring and housing helps stabilize and engage people in positive activities while they prepare for treatment. Then the team works together to help craft an individualized treatment and recovery support plan with family, employment and supervision goals. Duration and dosage is determined by assessment (and any episodes of relapse) to establish the **level of motivation** of the participant and his or her **readiness to change**. Participants can move between treatment tracks (*Preparing to Change* or *Ready to Change*) based on assessment, participation and outcomes.

Engagement, Assessment and Resources

Culturally-responsive mentoring and relationship building

- Mentor helps participant with PPO meetings, TSU, intake, housing and connections

Intake Resource Specialist/Case Manager conduct same day assessment and begin relationship building

- Assess Stage of Change and level of motivation
- Conduct Cost/Benefit with participant
- Develop RSS plan to engage participant for the first 2 weeks – pro-social, sober living

Orientation group begins first week

Housing and Stabilization

Motivated Participant: Bridges to Change or other TSU referral

Pre-contemplator: Detox or “Stabilization” housing

Treatment

Motivated Track: Ready to change (2-3 hours/week) Level I Outpatient

- Primarily **Alcohol and Drug Treatment** and criminal risk reduction
- 1:1 with Mentors 2 hours/week
- Individual counseling
- Individualized groups schedule: (1-2 hours): Evidence-based curricula include: Relapse prevention, Counterpoint, Matrix, MRT, Anger Management, DBT, Seeking Safety, conflict resolution
- Employment training and parenting education provided concurrent with treatment

Pre-contemplator Track: Preparing for change (4-6 hours/week) Level I Outpatient

- Primarily **Cognitive Behavioral Therapy (CBT)** - Focus on building motivation and group readiness
- 1:1 with Mentors 2-4 hours/week
- Individual counseling
- Individualized groups schedule: (1-2 hours): Evidence-based curricula include: Counterpoint CBT, DBT, Seeking Safety, conflict resolution

Employment, Family and Recovery Support

- Choice of employment support: SE Works, CCC, or Human Solutions--after participant has stabilized
- Center for Family Success parenting course and family support
- Culturally-specific services, mentors and connections, activities, events, recovery support

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In Multnomah County, Oregon, some individuals who have been arrested are presented with a unique opportunity to positively shift the direction of their lives. Instead of serving years in prison, some people may qualify and opt for sentencing in the **Justice Reinvestment Program (JRP)** - a second chance to stay in our community. To help people with a JRP sentence get back on track and overcome the enormous obstacles in their lives, **Moving Forward** coordinates a supportive team with a comprehensive menu of housing, mentors, employment, family and treatment services provided in concert with parole and probation services. Surrounding people with healthy connections promotes better decision-making, resulting in drug and crime-free lives. **Moving Forward** increases public safety locally and cost effectively, and reduces statewide prison use, the most expensive option for our wallets, our families and our future.



Volunteers of America Oregon | Multnomah County Department of Community Justice | SE Works
Bridges to Change | Worksystems Inc | Human Solutions | Central City Concern
Multnomah County District Attorney | Metropolitan Public Defenders Office
Gang Impacted Family Team | Center for Family Success

Contact Us



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Moving Forward

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