



Volunteers of America®

OREGON

# June 2019 Activity Schedule for Marie Smith Center

## The Marie Smith Adult Day Center

In partnership with Providence ElderPlace

4616 N. Albina  
Portland, OR 97217  
503-335-9980  
www.voaor.org

### Hours of Operation

Monday – Friday  
7:30 a.m. – 5:00 p.m.

### Caregiver Support Group

3<sup>rd</sup> Thursday of the month

### Daily Schedule

7:30: Snack & Socializing  
10:15: Exercise/Brain Fitness  
11:00: Activities  
12:00: Lunch  
1:00: Activities  
2:00: Snack and Activity  
3:00: Afternoon Exercise  
4:00: Gardening Time/Brain & Board Games/Sing Along

### Program Director

Alison Bookman-Skidmore

### Program Supervisor/

### Case Manager

Lisa Nims, MSW

### Nurse

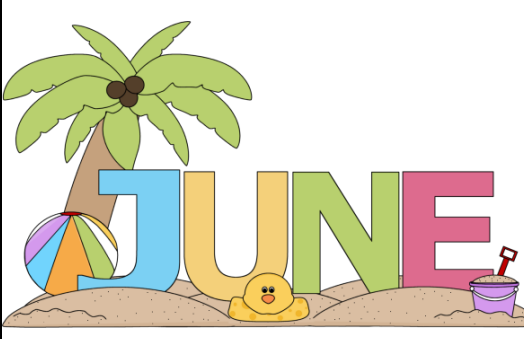
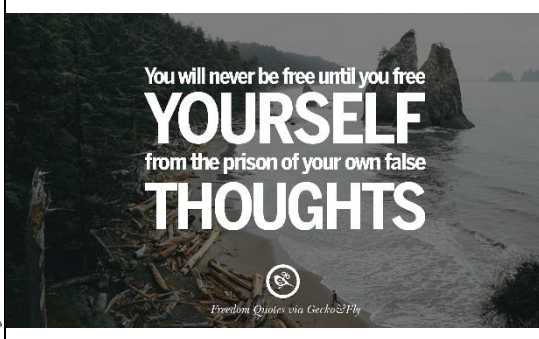

Victor Ramirez, LPN

### Office Support

Rebecca Krenz, C.N.A.

### Care & Recreational Team

Sanquita Miles  
Mimi Galindo  
Shanae Wilson  
Aucha'Nae Moore  
Ben Puggarana

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|--|--|---|---|
|   |    | <p><u>WHAT'S GOING ON IN TOWN?</u><br/> <b>Rose Festival Starlight Parade:</b><br/>           Jun 1<sup>st</sup><br/> <b>Rose Festival:</b> Jun 8<sup>th</sup><br/> <b>Country Fest:</b> Jun 2<sup>nd</sup><br/> <b>Good in the Hood Multicultural Festival:</b> Jun 22<sup>nd</sup></p>   |  <p><b>Flower of the month of June is Roses.</b></p>   | <p><b>June Zodiac Signs:</b><br/>           June 1<sup>st</sup> – 20<sup>th</sup> : GEMINI<br/>           June 21<sup>st</sup> – 30<sup>th</sup> : CANCER<br/> <i>June 21<sup>st</sup> is also the 1<sup>st</sup> day of summer.</i></p>  |
| <p style="text-align: right;"><b>3</b></p> <p>10:15 Tai Chi w/ Ben<br/>           11:00 Cooking w/ Ben<br/>           1:15 Bingo<br/>           2:30 Travelogue<br/>           3:30 Reading "Becoming"<br/>           4:00 Social Time<br/>           Minestrone Soup, Turkey Sand, Salad</p>      | <p style="text-align: right;"><b>4</b></p> <p>9:45 Book Club w/ Author<br/>           11:00 Earth Tones Music Therapy<br/>           1:15 Bingo<br/>           2:30 Gardening Time<br/>           3:15 Reading "Becoming"<br/>           4:00 Social Time<br/>           Scallop Potato, Ham, C. Carrots</p>       | <p style="text-align: right;"><b>5</b></p> <p>10:15 Pet Visit w/ Larry<br/>           11:00 Horticultural Therapy<br/>           1:00 Healthy Living Tips<br/>           2:15 Bingo<br/>           3:30 Reading "Becoming"<br/>           4:00 Social Time<br/>           Sloppy Joe, Baked Beans, Peaches</p>   | <p style="text-align: right;"><b>6</b></p> <p>10:15 Women's Group w/ Marilyn<br/>           11:00 Earth Tones Music Therapy<br/>           1:15 Bingo<br/>           2:30 Memories in the Making Art<br/>           3:30 Reading "Becoming"<br/>           4:00 Social Time<br/>           BBQ Chicken, M. Potato, G. Beans</p>   | <p style="text-align: right;"><b>7</b></p> <p>10:15 Tai Chi w/ Ben<br/>           11:00 Earth Tones Music Therapy<br/>           1:15 Bingo<br/>           2:30 Movie Matinee<br/>           4:00 Social Time<br/>           Mac &amp; Cheese, Broccoli, Applesauce</p>   |
| <p style="text-align: right;"><b>10</b></p> <p>10:15 Tai Chi w/ Ben<br/>           11:00 Cooking w/ Ben<br/>           1:15 Bingo<br/>           2:30 Travelogue<br/>           3:30 Reading "Becoming"<br/>           4:00 Social Time<br/>           Chicken Breast, Broccoli, Brown Rice</p>    | <p style="text-align: right;"><b>11</b></p> <p>9:45 Book Club w/ Author<br/>           11:00 Earth Tones Music Therapy<br/>           1:15 Bingo<br/>           2:30 Gardening Time<br/>           3:15 Reading "Becoming"<br/>           4:00 Social Time<br/>           BBQ Chick'n Sand, P. Beans, G. Salad</p> | <p style="text-align: right;"><b>12</b></p> <p><b>Youth Work Volunteers</b><br/>           10:15 Pet Visit w/ Larry<br/>           11:00 Horticultural Therapy<br/>           1:00 Music w/ St. John VB.<br/>           2:15 Bingo<br/>           3:30 Reading "Becoming"<br/>           4:00 Social Time<br/>           Baked Ham, M. Potato, Carrots</p> | <p style="text-align: right;"><b>13</b></p> <p>10:15 Women's Group w/ Marilyn<br/>           11:00 Earth Tones Music Therapy<br/>           1:15 Bingo<br/>           2:30 Memories in the Making Art<br/>           3:30 Reading "Becoming"<br/>           4:00 Social Time<br/>           Meatloaf, M. Potato, Green Beans</p>  | <p style="text-align: right;"><b>14</b></p> <p><b>Father's Day (Sunday)</b><br/>           10:15 Tai Chi w/ Ben<br/>           11:00 Earth Tones Music Therapy<br/>           1:15 Bingo<br/>           2:30 Movie Matinee<br/>           4:00 Social Time<br/>           Chicken Alfredo, Broccoli, Fruit</p>                  |
| <p style="text-align: right;"><b>17</b></p> <p>10:15 Tai Chi w/ Ben<br/>           11:00 Cooking w/ Ben<br/>           1:15 Bingo<br/>           2:30 Travelogue<br/>           3:30 Reading "Becoming"<br/>           4:00 Social Time<br/>           Chix Curry Cass, Broccoli, Fruit</p>        | <p style="text-align: right;"><b>18</b></p> <p>9:45 Book Club w/ Author<br/>           11:00 Earth Tones Music Therapy<br/>           1:15 Bingo<br/>           2:30 Gardening Time<br/>           3:15 Reading "Becoming"<br/>           4:00 Social Time<br/>           Chix Noodle Soup, Turkey Sand, Salad</p> | <p style="text-align: right;"><b>19</b></p> <p>10:15 Pet Visit w/ Larry<br/>           11:00 Horticultural Therapy<br/>           1:15 Healthy Living Tips<br/>           2:15 Bingo<br/>           3:30 Reading "Becoming"<br/>           4:00 Social Time<br/>           Spaghetti Cass, Carrots, Applesauce</p>   | <p style="text-align: right;"><b>20</b></p> <p>10:15 Women's Group w/ Marilyn<br/>           11:00 Earth Tones Music Therapy<br/>           1:15 Bingo<br/>           2:30 Memories in the Making Art<br/>           3:30 Reading "Becoming"<br/>           4:00 Social Time<br/>           BBQ Chix Sand, G. Salad, Potatoes</p> | <p style="text-align: right;"><b>21</b></p> <p><b>(1<sup>st</sup> Day of Summer)</b><br/>           10:15 Tai Chi w/ Ben /Mr. Morgan<br/>           11:00 Earth Tones Music Therapy<br/>           1:15 Bingo<br/>           2:30 Movie Matinee<br/>           4:00 Social Time<br/>           Beef Tamale Pie, Beans, Rice</p> |
| <p style="text-align: right;"><b>24</b></p> <p>10:15 Tai Chi w/ Ben<br/>           11:00 Music w/ St. John VB.<br/>           1:15 Bingo<br/>           2:30 Travelogue<br/>           3:30 Reading "Becoming"<br/>           4:00 Social Time<br/>           Chix Curry Cass, Broccoli, Fruit</p> | <p style="text-align: right;"><b>25</b></p> <p>9:45 Book Club w/ Author<br/>           11:00 Earth Tones Music Therapy<br/>           1:15 Bingo<br/>           2:30 Gardening Time<br/>           3:15 Reading "Becoming"<br/>           4:00 Social Time<br/>           Roasted Chix, M. Potato, G. Beans</p>    | <p style="text-align: right;"><b>26</b></p> <p>10:15 Pet Visit w/ Larry<br/>           11:00 Horticultural Therapy<br/>           1:15 Healthy Living Tips<br/>           2:15 Bingo<br/>           3:30 Reading "Becoming"<br/>           4:00 Social Time<br/>           Chix Pot Pie, Biscuit, C. Carrots</p>   | <p style="text-align: right;"><b>27</b></p> <p>10:15 Women's Group w/ Marilyn<br/>           11:00 Earth Tones Music Therapy<br/>           1:15 Bingo<br/>           2:30 Memories in the Making Art<br/>           3:30 Reading "Becoming"<br/>           4:00 Social Time<br/>           Meatballs, G. Beans, B. Noodles</p>   | <p style="text-align: right;"><b>28</b></p> <p>10:15 Tai Chi w/ Ben<br/>           11:00 Earth Tones Music Therapy<br/>           1:15 Bingo<br/>           2:30 Movie Matinee<br/>           4:00 Social Time<br/>           Hamburger, P. Beans, G. Salad</p>   |