



Volunteers of America®

OREGON

July 2019 Activity Schedule for Marie Smith Center

The Marie Smith Adult Day Center

In partnership with Providence ElderPlace

4616 N. Albina
Portland, OR 97217
503-335-9980
www.voaor.org

Hours of Operation

Monday – Friday
7:30 a.m. – 5:00 p.m.

Caregiver Support Group

3rd Thursday of the month

Daily Schedule

7:30: Snack & Socializing
10:15: Exercise/Brain Fitness
11:00: Activities
12:00: Lunch
1:00: Activities
2:00: Snack and Activity
3:00: Afternoon Exercise
4:00: Gardening Time/Brain & Board Games/Sing Along

Program Director

Alison Bookman-Skidmore

Program Supervisor/

Case Manager

Lisa Nims, MSW

Nurse

Victor Ramirez, LPN

Office Support

Rebecca Krenz, C.N.A.

Care & Recreational Team

Sanquita Miles
Mimi Galindo
Shanae Wilson
Aucha'Nae Moore
Ben Puggarana

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>10:15 Pet Visit w/ Larry 11:00 Cooking w/ Ben 1:15 Bingo 2:30 Travelogue 3:30 Garden Time 4:00 Social Time</p> <p>Chicken Breast, Broccoli, Brown Rice</p>	<p>2</p> <p>9:45 Book Club w/ Author 11:00 Earth Tones Music Therapy 1:15 Bingo 2:30 Gardening Time 3:15 Reading 4:00 Social Time</p> <p>Scallop Potato, Ham, C. Carrots</p>	<p>Youth Work Volunteers 3</p> <p>10:15 Tai Chi w/ Ben 11:00 Horticultural Therapy 1:00 Healthy Living Tips 2:15 Bingo 3:30 Reading 4:00 Social Time</p> <p>Sloppy Joe, Baked Beans, Peaches</p>	<p>4</p> <p>Marie Smith Closed The 4th of July Holiday</p>	<p>5</p> <p>10:15 Tai Chi w/ Ben 11:00 Earth Tones Music Therapy 1:15 Bingo 2:30 Movie Matinee 4:00 Social Time</p> <p>Mac & Cheese, Broccoli, Applesauce</p>
<p>8</p> <p>10:15 Pet Visit w/ Larry 11:00 Cooking w/ Ben 1:15 Bingo 2:30 Travelogue 3:30 Garden Time 4:00 Social Time</p> <p>Minestrone Soup, Turkey Sand, Salad</p>	<p>9</p> <p>9:45 Book Club w/ Author 11:00 Earth Tones Music Therapy 1:15 Bingo 2:30 Gardening Time 3:15 Reading 4:00 Social Time</p> <p>Scallop Potato, Ham, C. Carrots</p>	<p>Youth Work Volunteers 10</p> <p>10:15 Tai Chi w/ Ben 11:00 Horticultural Therapy 1:00 Music w/ St. John VB. 2:15 Bingo 3:30 Reading 4:00 Social Time</p> <p>Sloppy Joe, Baked Beans, Peaches</p>	<p>11</p> <p>10:15 Women's Group w/ Marilyn 11:00 Earth Tones Music Therapy 1:15 Bingo 2:30 Memories in the Making Art 3:30 Reading "Becoming" 4:00 Social Time</p> <p>BBQ Chicken, M. Potato, G. Beans</p>	<p>12</p> <p>10:15 Tai Chi w/ Ben 11:00 Earth Tones Music Therapy 1:15 Bingo 2:30 Movie Matinee 4:00 Social Time</p> <p>Mac & Cheese, Broccoli, Applesauce</p>
<p>15</p> <p>10:15 Pet Visit w/ Larry 11:00 Cooking w/ Ben 1:15 Bingo 2:30 Travelogue 3:30 Garden Time 4:00 Social Time</p> <p>Chicken Breast, Broccoli, Brown Rice</p>	<p>16</p> <p>9:45 Book Club w/ Author 11:00 Earth Tones Music Therapy 1:15 Bingo 2:30 Gardening Time 3:15 Reading 4:00 Social Time</p> <p>BBQ Chick'n Sand, P. Beans, G. Salad</p>	<p>Youth Work Volunteers 17</p> <p>10:15 Tai Chi w/ Ben 11:00 Horticultural Therapy 1:00 Healthy Living Tips 2:15 Bingo 3:30 Reading 4:00 Social Time</p> <p>Baked Ham, M. Potato, Carrots</p>	<p>18</p> <p>10:15 Women's Group w/ Marilyn 11:00 Earth Tones Music Therapy 1:15 Bingo 2:30 Memories in the Making Art 3:30 Reading "Becoming" 4:00 Social Time</p> <p>Meatloaf, M. Potato, Green Beans</p>	<p>19</p> <p>10:15 Mr. Morgan's Visit 11:00 Earth Tones Music Therapy 1:15 Bingo 2:30 Movie Matinee 4:00 Social Time</p> <p>Chicken Alfredo, Broccoli, Fruit</p>
<p>22</p> <p>10:15 Pet Visit w/ Larry 11:00 Music w/ St. John VB. 1:15 Bingo 2:30 Travelogue 3:30 Garden Time 4:00 Social Time</p> <p>Chix Curry Cass, Broccoli, Fruit</p>	<p>23</p> <p>9:45 Book Club w/ Author 11:00 Earth Tones Music Therapy 1:15 Bingo 2:30 Gardening Time 3:15 Reading 4:00 Social Time</p> <p>Chix Noodle Soup, Turkey Sand, Salad</p>	<p>24</p> <p>10:15 Tai Chi w/ Ben 11:00 Horticultural Therapy 1:15 Healthy Living Tips 2:15 Bingo 3:30 Reading 4:00 Social Time</p> <p>Spaghetti Cass, Carrots, Applesauce</p>	<p>25</p> <p>10:15 Women's Group w/ Marilyn 11:00 Earth Tones Music Therapy 1:15 Bingo 2:30 Memories in the Making Art 3:30 Reading "Becoming" 4:00 Social Time</p> <p>BBQ Chix Sand, G. Salad, Potatoes</p>	<p>26</p> <p>10:15 Tai Chi w/ Ben 11:00 Earth Tones Music Therapy 1:15 Bingo 2:30 Movie Matinee 4:00 Social Time</p> <p>Beef Tamale Pie, Beans, Rice</p>
<p>29</p> <p>10:15 Pet Visit w/ Larry 11:00 Cooking w/ Ben 1:15 Bingo 2:30 Travelogue 3:30 Garden Time 4:00 Social Time</p> <p>Veg Lasagna, Broccoli,</p>	<p>30</p> <p>9:45 Book Club w/ Author 11:00 Earth Tones Music Therapy 1:15 Bingo 2:30 Gardening Time 3:15 Reading 4:00 Social Time</p> <p>Roasted Chix, M. Potato, G. Beans</p>	<p>31</p> <p>10:15 Tai Chi w/ Ben 11:00 Horticultural Therapy 1:15 Healthy Living Tips 2:15 Bingo 3:30 Reading 4:00 Social Time</p> <p>Chix Pot Pie, Biscuit, C. Carrots</p>		<p>July Events in Portland</p> <p>Jul 4: Waterfront Blues Festival Jul 6: PDX Craft Beer Festival Jul 11: Wicked Jul 25: Oregon Brewers Festival July 30: Backstreet Boys</p>