

OUR Mission

Volunteers of America Oregon's domestic violence intervention program adopted the name **Home Free** in 2003 to reflect the aim of its innovative model: *to assist adults and children surviving domestic violence to*

*move not just toward safety, but toward freedom and all that the word **home** suggests.*



Our programs provide long-term, post-crisis support designed to prevent victims from having to return to abusive homes.

Our commitment to reaching survivors means mobile, active advocacy that reduces the barriers to domestic violence support services. Our commitment to inclusion means that all of our services are free, flexible and individualized, and driven by survivors' needs and goals.

LEARN MORE AND *get involved*

Community educators at Home Free provide training to over 2,000 people each year on topics such as domestic violence dynamics, the effects on children, working effectively with survivors, sexual assault, and more.

Volunteers contribute nearly 2,000 hours of service to survivors accessing Home Free each year.

Get involved by answering our hotline, working with children, facilitating a support group, or assisting restraining order applicants. Call for information about our free volunteer training.



Volunteers of America – Home Free
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Portland, OR 97214
Hotline: (503) 771-5503
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HOME Free



DOMESTIC VIOLENCE INTERVENTION PROGRAM

(503) 771-5503



FACTS

- 1 in 7 women in Multnomah County, ages 18-64, are physically abused by their intimate partner each year.
- 21,000 children in Multnomah County are exposed to domestic violence each year.
- Domestic violence accounts for nearly 50% of violent crime in Portland.
- Domestic violence is nondiscriminatory—it affects people of every age, race, sexual orientation and income level.
- In Oregon, 48% of victims remain in an abusive home because they do not have a safe and affordable place to live.
- 38% of all domestic violence survivors become homeless at some point.

DOMESTIC VIOLENCE

IS THE SYSTEMATIC USE OF EMOTIONAL, PHYSICAL, SEXUAL, ECONOMIC, OR SPIRITUAL ABUSE TACTICS TO GAIN AND MAINTAIN POWER AND CONTROL OVER AN INTIMATE PARTNER.



“You’ve been there for me in every way that I have needed: housing, support, confidence, food, safety planning, communication, resources, and as a speaker on my behalf.”



“Your services have been a huge blessing for me and my kids. Life has new meaning and hope for us.”

EMERGENCY SERVICES

TRANSITIONAL SERVICES

CHILDREN’S SERVICES

OUTREACH SERVICES

Through Home Free’s commitment to highly individualized services, we empower every survivor to affirm her strengths and discover new resources.

Home Free provides a broad range of transitional services to support each survivor’s transition to a full life no longer defined by domestic violence.

Through group and individual services, we help children and the safe adults in their lives create caring, safe homes – where they can grow, learn and play.

Home Free acknowledges and responds to the barriers many survivors face by offering support in a number of community settings.

OUR SERVICES INCLUDE:

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WE CONNECT WITH SURVIVORS ON-SITE AT:

- crisis hotline
- safety planning and advocacy
- assistance with relocation and confidential address programs
- emergency housing through placement in motels
- ongoing one-on-one emotional support
- referrals to and help with community and government resources

- permanent housing support
- personal, financial and educational goal planning
- active help with moving through and understanding complex service systems
- long-term one-on-one advocacy support
- home visits
- accompaniment to court and appointments

- *Safe Spaces*, a group for children exposed to domestic violence
- teen services and girls empowerment groups
- one-on-one, age-appropriate mobile advocacy
- parenting & domestic violence support groups
- referrals to educational, recreational, and other community programs
- intervention with families involved with child welfare

- child welfare and self-sufficiency offices
- restraining order room at the Multnomah County courthouse
- Portland Police Bureau’s domestic violence unit
- Inverness jail
- Safety Matters, our local supervised visitation program

Home Free Hotline: (503) 771-5503

Home Free’s services include confidential support groups in English and Spanish in a variety of community settings for women and children.