



Family Relief Nursery Monthly Newsletter

Important Dates

**Nursery Closed:
Labor Day—Monday,
Sept. 3rd**



FRN Updates

Labor Day!

The Family Relief Nursery and the East Family Relief Nursery will be closed on Monday, September 3rd, in observance of Labor day. Regularly scheduled classes will resume the next day, Tuesday, September 4th. Please contact your home visitor or call the front desk if you have any questions.



Have You Seen this Toy?

Our staff has noticed that the 7th Ave Nursery is missing a toy. FRN often borrows fun toys from the Hillsboro Library, like the wonderful blue, mini steel drum that the preschoolers enjoy playing. We are missing three small, wooden balls, one red, one blue, and one green that belong to the Hillsboro Library. If you've seen the toy please let the staff know or call the front desk at 503.236.8492. Thank you!

CLOTHING

◇ Mainspring— Clothing for people in need. Items provided include emergency food boxes, clothing, personal care products (soap, toothpaste, laundry soap, etc.) when available and referrals for people most in need. May use once per month. Hours: 10am-1pm Mon-Wed. Hours are subject to change. Phone #: 503.233.5533. 3500 NE 82nd Ave. Bus: 24, 72. www.mainspringpdx.org

◇ Bethlehem Children's Clothes Closet— Free clothing for newborns to juniors. Hours: Noon-2pm 4th Saturday of the month only. Closed in December. Phone #: 503.777.1443. 5415 SE Powell Blvd (St. Mark's Lutheran Church, enter through back parking lot). Bus: 9, 71. www.smpdx.org

EMPLOYMENT & TRAINING

◇ Job Corps— Provides hands-on career training for 30 trades for economically disadvantaged youth ages 16-24. Residential training program. GED/high school diploma programs. Call for appointment. Hours: 8am-5pm Mon.-Fri. Phone #: 503.326.6800. 1130 SW Morrison St., Ste. 240. Bus: 15, 51, Downtown MAX. www.jobcorps.gov

◇ Constructing Hope— Pre-apprenticeship, skills and educational training program for adults with a legal history and low income people. Real world experience for the construction industry, facilitates permanent job placement for program graduates. Also, five-week youth summer program for teens ages 15-19. Phone #: 503.281.1234. 405 NE Church St. Bus: 6, 72. www.constructionhope.org



Nursery Highlight

Illness Policy



At the Family Relief Nursery, we take your children's health very seriously.

All children must be symptom free for at least 24 hours before returning to the nursery. Symptoms may include but are not limited to: fever, cough, runny nose (any mucus must be clear), and rash. In some cases, a doctor's note may be required prior to return.

If the child becomes ill while in the classroom, the teacher and a member of the management team will determine if the child's parent(s) should be notified for pick-up and will work with the caregivers to get the child home safely.

If you have any questions or concerns about whether or not your child is eligible to return to the nursery following illness or questions about the illness policy in general, please contact your ECES II.

Garden Digs!

By Margaret Young

It's late summer in the garden! The preschoolers & toddlers have been busy picking, washing, & eating cherry tomatoes, zucchini, huckleberries, and a few late strawberries, raspberries, & blueberries! A few children have tried the spicy, peppery taste of nasturtium leaves.

Coming up in the fall we'll have apples & potatoes to harvest, too. Lots of friends come to visit our garden! Our friends Eric and Grace brought two tortoises to visit, Bonnie & Geppetto! They loved roaming around the garden while

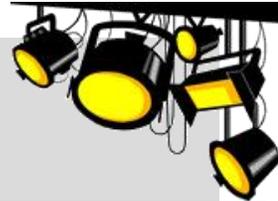


Photo by Margaret Young

the kids fed them apple, zucchini, & dandelion leaves.

Bonnie & Geppetto are African spurred tortoises. In the wild, African spurred tortoises dig deep burrows under the ground & rest there during the hottest part of the day.

Volunteer Spotlight



For the month of September, the Family Relief Nursery would like to honor volunteer, Norman Wood.

"Volunteering at VOA FRN has given me a new purpose in my life," Said Norman. "Since



Volunteer Norman Wood

my retirement in 2014, it's been hard for me to feel like getting up and doing anything. I love being there with the kiddos and working around the grounds."

"I have a lot of ideas for projects," said Norman. "This picture shows a cutout from a little 4-yr-old guy who said it was 'me'. When he arrived last Thursday, he was crying because he missed his mom. When he left, he started crying and said 'I want to stay here with Mr. Wood!'"

If someone would like to volunteer at either the East or West Family Relief Nursery, please contact Crystal Ross at 503.867.5843 cross@voaor.org.

The Family relief Nursery could not operate without the generous grants from the following organizations:



Investing in our future



portland children's levy