



Family Relief Nursery Monthly Newsletter

Important Dates

Fall Break
November 25th – 29th

Winter Break
December 18th –
January 1st

FRN Updates

Fall & Winter Break!

The Family Relief Nursery will be on Fall Break from November 25th - Nov. 29th. The site will be completely closed on the 28th & 29th. Regular classes will resume on December 2nd. Winter break will start on Wednesday, Dec. 18th & end after January 1st. The site will be completely closed on Dec. 25th & Jan. 1st. Regular classes will resume on Jan. 2nd. Nov. 25th - 27th & Dec. 18th - 31st, the nursery facilities will be open for clients to access the clothing closet, food pantry, or meet with your Home Visitor (by appointment only). If you have any questions, please contact your Home Visitor.



New Hires!

FRN is happy to welcome Kara Baker, the new site supervisor at our East location! Thank you for joining our team!

Immunizations!

The Family Relief Nursery is required to report our client's immunization numbers every January. Are your child's vaccines up to date? Do you have any concerns about how to get their shots up to date? If so, please contact your home visitor.



MULTNOMAH COUNTY WARMING SHELTERS

◇ If someone outside is unsheltered and you are concerned they could be in danger due to cold weather, call 9-1-1 and request a welfare check. To help someone locate shelter and for transportation to shelter, please call 2-1-1 or go online at 211info.org. During nights when severe weather has been declared, no one seeking shelter will be turned away. People seeking to get warm on winter days when warming shelters are not open are welcome in government buildings that are open to the public, including, for example, libraries and community centers. Library hours are listed on Multnomah County Library's website, multcolib.org/hours-and-locations. City community center information is listed at www.portlandoregon.gov/parks/39839. For more information please visit multco.us/winter-weather/warming-shelters-and-homelessness.

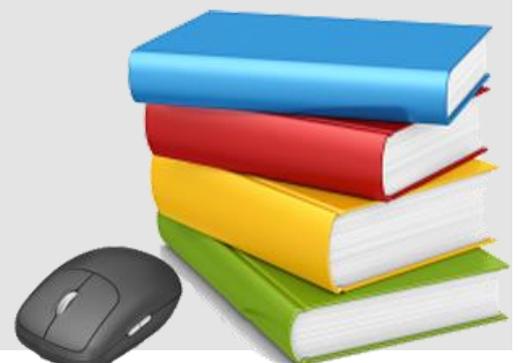
FOOD BOXES

◇ Zarepath Pantry— Emergency food boxes for low-income residents in East Mult. Co. ID requested to verify residency. Closed major holidays. Hours: 10am-2pm Mon, Wed-Fri. Phone #: 503.667.7932. Bus: 9. 59 NW Ava Ave, Gresham (enter through parking lot door). www.zmgresham.org

◇ SE Community Food Pantry & Clothes Closet— Food pantry once a month. No ID required. Harvest Share free produce giveaway 4th Thurs (except Nov). Bring bags or box. Pantry & clothes closet closed after Harvest Share. Hours: 2-7pm Mon & Thurs. Phone #: 503.895.6102. Bus: 9,14, 71. 5535 SE Rhone St. www.southeastcommunity.org

UTILITY ASSISTANCE

◇ Human Solutions Energy Hotline (24-hour)— Help with gas, wood, propane, & electric bills. Call energy hotline to hear if funding is available & what documentation is required. Water discount program documents needed are same as utilities. Phone #: 503.405.7877. Water phone #: 503.548.0217. Must call for availability. www.human.solutions.org



Nursery Highlight



Inclement Weather

In the case of inclement weather, the Family Relief Nursery follows the updates sent out from the Portland Public School District. If PPS is closed, then both the Family Relief Nursery and the East Family Relief Nursery will not have classes that day either.

PPS has several different ways to check and see if they are closed due to inclement weather. You can call in, opt-in for their text messaging notifications, or check their official Twitter or Facebook accounts for those updates. For more information, please go to their website:

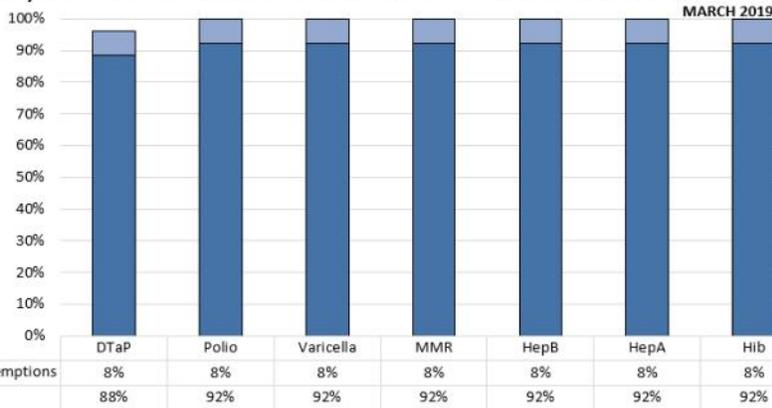
<https://www.pps.net/Page/124>

In addition, your Home Visitor will confirm any such closures with you and provide you with other relevant updates. Please let us know if you have any questions.



Every year, the Family Relief Nursery must report to the state how many of our students are vaccinated. Please see our vaccine rates in 2019 below!

How many kids at VOLUNTEERS OF AMERICA- EAST FAMILY RELIEF NURSERY are vaccinated?*



Number of children at the school**: 26

Percent of children with no immunization or exemption record: 0%

Percent of children with a medical exemption for one or more vaccine(s): 0%

* Not all immunizations are required for all grades. These numbers may not total 100% if some children have medical exemptions, or are incomplete or in process with immunizations but do not need an exemption because they are on schedule.

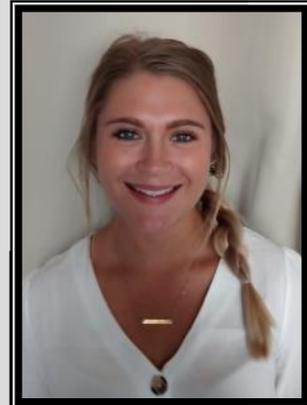
**There is/are also 0 child(ren) enrolled for whom immunizations are not required to be reported because their records are tracked by another site or they attend fewer than 5 days per year.

**There is/are also 2 child(ren) 18 months of age or younger who are not required to be finished with their pre-school vaccines because of their age.

Volunteer Spotlight



For the month of November, the Family Relief Nursery would like to honor intern, Ashley Lindstrom.



Intern, Ashley Lindstrom

“So far my experience at the Relief Nursery has been wonderful.” said Ashley.

“From day one, I have felt included, and valued, and recognized as not just an intern, but apart of the team.”

“I am so thankful to everyone to welcoming so well and doing their best to include me in everything for my growth,” she continued. “I am looking forward to being here the rest of the Academic school year!”

If you are interested in volunteering please contact Camille McDaniel, the Volunteer Services Manager at cmcdaniel@voaor.org. If you have general questions about volunteer opportunities at FRN please contact Cynthia St. John at cstjohn@voaor.org. If you have general questions about volunteer opportunities at EFRN please contact Kara Baker at kbaker@voaor.org.

The Family relief Nursery could not operate without the generous grants from the following organizations:



Volunteers of America
OREGON



Investing in our future



Oregon Association of Relief Nurseries

portland children's levy