



# Family Relief Nursery Monthly Newsletter

## Important Dates

Nursery Closed:

No Respite Friday,  
June 1st

Summer Break!

July 16th - July 27th

## FRN Updates

### No Respite, Friday, June 1st

Please be aware that there will be no respite offered on Friday, June 1st due to staff trainings. If you have any concerns, please contact your home visitor



### Summer Break in July!

The Family Relief Nursery will be closed for two weeks, July 16<sup>th</sup>–July 27<sup>th</sup>, for summer break. While all classrooms in both the East and West sites will be closed, the facilities themselves will be open and clients will be able to access the clothing closet, food pantry, and home visits. If you have any concerns, please contact your home visitor.

### New Hire!

The East Family Relief Nursery would like to congratulate former Early Childhood Education Specialist 1 Alyssa Stewart upon her accepting the position of Early Childhood Education Specialist 2! She is now our third home visitor at this site. Thank you, Alyssa, for taking on these new responsibilities!



### CLACKAMAS SERVICE CENTER

The Clackamas Service Center offers a number of varied services including: clothing, dental, food boxes, health care, HIV/AIDS medical care, legal services, meals, and pet care. Closed on Fridays. Bus 72; MAX Green. Phone #: 503.771.7914. 8800 SE 80th Ave. [www.csoregon.org](http://www.csoregon.org)

### PET CARE

◇The Pongo Fund– Provides dog and/or cat food, spay/neuter services, emergency veterinary care for family pets of anyone in honest need per service guidelines. Phone #: 503.939.7555. [www.thepongofund.org](http://www.thepongofund.org)

### LEGAL SERVICES

◇Victim Rights Law Center– Free and confidential legal advice and representation for victims of sexual assault and rape in Multnomah, Clackamas and Washington counties. Hours: 9am–5pm Monday–Friday. Call for appointments. Downtown Bus, MAX. Phone # 1-855-411-5477 OR 503.247.5477 ext 6. 520 SW Yamhill St., Ste 200. [www.victimrights.org](http://www.victimrights.org)

### HEALTH CARE

◇Cascadia Urgent Walk-In Clinic – Low-/no-cost services for urgent mental health needs. Hours: 7am–10pm Monday–Sunday. Bus: 4. 4212 SE Division St. Ste 100. Phone #: 503.963.2575. [www.casadiabhc.org](http://www.casadiabhc.org)

### CLOTHING

◇Francis Center – Free clothing and emergency food assistance within boundary area (Clatsop to Powell, 39th–136th; Powell to Glisan, 60th–82nd). Proof of address with current mail required. Food assistance every 30 days. Hours: 10am–1:45pm Monday–Thursday. Closed major Holidays. Bus: 19, 72. 6535 SE 82nd Ave. Phone #: 503.775.6784



# Nursery Highlight



## Illness Policy

At the Family Relief Nursery, we take your children's health very seriously.

All children must be symptom free for at least 24 hours before returning to the nursery. Symptoms may include but are not limited to: fever, cough, runny nose (any mucus must be clear), and rash. In some cases, a doctor's note may be required prior to return.

If the child becomes ill while in the classroom, the teacher and a member of the management team will determine if the child's parent(s) should be notified for pick-up and will work with the caregivers to get the child home safely.

If you have any questions or concerns about whether or not your child is eligible to return to the nursery following illness or questions about the illness policy in general, please contact your ECES II.

## Garden Digs!

By Bernadette Martin

The first official day of summer is June 21st! It's true! Even though it feels like spring just arrived, soon our plants will be getting ready for the warmer weather of summer!

The garden at our East Family Relief Nursery is coming together. Little, baby strawberries and the leafy beginnings of a summer squash have been planted in East's garden beds.

Make sure to keep an eye out for these little plants because strawberries only need 4 to 6 weeks to bear fruit!



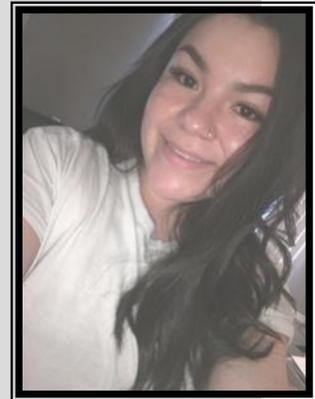
Photo by Sarah Granstra

In the summer, we get longer days which means more sunshine. These plants will get plenty of sunlight to soak in over the next few months!

## Volunteer Spotlight



For the month of June, the Family Relief Nursery would like to honor intern, Brittany Wells.



Intern, Brittany Wells

"My time here at FRN has been an amazing experience," said Brittany. "Being able to work with the children every day is one of my favorite parts of the job, and being able to work with the families has been enjoyable as well. I have learned so much from this internship and will be able to use this knowledge as I go into my career."

"I feel very fortunate to be able to work with amazing individuals who I can learn and grow from," she continued. "FRN does great things for families in the community and I am happy to be a part of that."

If someone would like to volunteer at either the East or West Family Relief Nursery, please contact Crystal Ross at 503.867.5843 [cross@voaor.org](mailto:cross@voaor.org).

The Family relief Nursery could not operate without the generous grants from the following organizations:



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