



Family Relief Nursery Monthly Newsletter

Important Dates

Family Summer Fun Day!

Friday, August 10th

**Nursery Closed:
Veterans Day—
Monday, Sept. 3rd**



FRN Updates

Family Summer Fun Day!

The Family Relief Nursery will host a Family Summer Fun Day on Friday, August 10th, 11am–1pm at the East Family Relief Nursery location. There will be pizza and activities for the whole family! Transportation is available upon request. Please contact your home visitor for questions.



New Parenting Class!

EFRN will be offering another session of our Nurturing Parenting class starting Friday, August 3rd. Classes will be held every Friday from 1–2:30pm. If you would like to attend, please contact your home visitor.

Veterans Day!

The Family Relief Nursery will be closed on Monday, September 3rd, in observance of Veteran's day. Regularly scheduled classes will resume the next day, Tuesday, September 4th. Please contact your home visitor if you have any questions.

SUMMER HEAT

Multnomah County is expecting our first heat wave of the summer in July. Temperatures are predicted to hover around 90°. The county encourages people stay hydrated and to look into public places, like libraries, that are open late during the hottest hours of the day. For more information to beat the heat, please see the Multnomah County website: <https://multco.us/multnomah-county/news/summer-2018-heats-here%E2%80%99s-how-stay-cool>

RENTERS SERVICES

◇ Home Forward— Rent assistance program enable low-income residents to obtain rent assistance vouchers (Section 8) to rent from private landlords. Section 8 waiting list currently closed. Rent assistance hours: 8am-5pm Mon.-Thurs. Bus: 12, 16, 19, 20, MAX. Public housing rent-subsidized apartments and affordable housing apartments. Public housing hours: 9am-4pm Mon.-Fri. Phone #: 503.802.8300. Rent Assistance: 135 SW Ash St. Public Housing: 1605 NE 45th Ave. www.homeforward.org

UTILITY ASSISTANCE

◇ Human Solutions Energy Hotline (24-hour)— Help with gas and electric bills. Call energy assistance line to hear if funding is available and what documentation is required. Water discount program documents needed are same as utilities. Water line: 503.548.0217. Must call for availability. Phone # 503.405.7877. www.humansolutions.org

YOUTH SERVICES

◇ Portland YouthBuilders— Helps students 17-24 complete high school, hands-on job training in construction or technology. Enrolls four times per year in January, April, August, and October. Hours: 8am-4pm Mon.-Fri. Informational meetings at 3:30pm on Thurs. Bus: 17, Max Green. 4816 SE 92nd Ave. Phone #: 503.286.9350 ext 254. www.pybpd.org



Nursery Highlight



Classroom Attendance

Child(ren) participates in the therapeutic classroom 2 days per week for 3 hours per day.

Children must be at school at least 75% of the time.

If a child misses 2 classes in a month the Family Advocate will call to see how things are at home and check to see if we can offer support to get the child(ren) to school.

If a 3rd class is missed a warning letter will be sent to the home letting the parent know that if attendance continues to be an issue the child is at risk of being exited from the program. Also, the Family Advocate will create a written agreement with the parent outlining a plan for the child's attendance to increase.

Garden Digs!

By Margaret Young

We're back from Summer Break and the garden looks great! A big thank you to Leola, our bus driver, who got us a new water pump! Thank you to the preschoolers and toddlers, too—they are working hard and getting lots of exercise pumping water for the plants!

The bees are busy, flying from flower to flower and pollinating the flowers on our tomato and zucchini plants. You can already see tiny green cherry tomatoes beginning to grow right next to our little zucchinis! Our bean

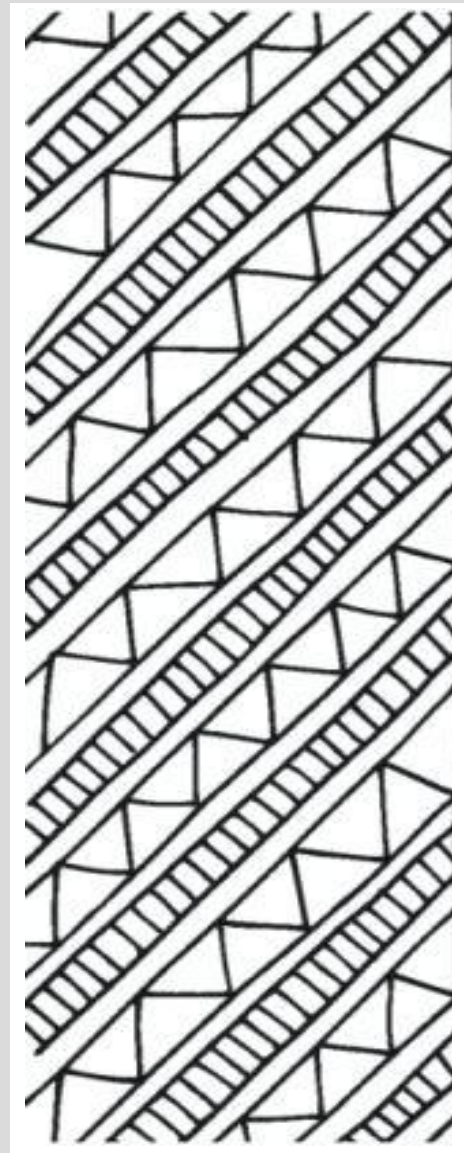


Photo by Margaret Young

plants are getting tall and climbing up the garden fence, and two sunflowers are getting ready to bloom soon!

In the infant garden, the lavender is in bloom—we love to smell its lovely scent and watch the bumblebees visit the flowers!

Adult Coloring



The Family relief Nursery could not operate without the generous grants from the following organizations:



Investing in our future



portland children's levy