



Family Relief Nursery Monthly Newsletter

Important Dates

Spring Break:
March 26th–30th

FRN Updates

Spring Break

Spring Break will be from March 26th–30th. Please be aware that there are no classes held during that week, but the nursery will be open for other resources, like the food pantry and the clothing closet. If you have any concerns or questions, please contact your home visitor.



New Relief Nursery Buses

The Family Relief Nurseries are excited to announce that through the generous donations from the Providence Health & Services and the Collins Foundation we have brand new school buses! Expect to see them soon!

Turtle Time!

On April 3rd our west location will be hosting a one-time visit from two turtles coordinated by a generous volunteer. We are all looking forward to playing with them when they come to visit our students!

Community Resources

CLACKAMAS SERVICE CENTER

The Clackamas Service Center offers a number of varied services including: clothing, dental, food boxes, health care, HIV/AIDS medical care, legal services, meals, and pet care. Closed on Fridays. Bus 72; MAX Green. Phone #: 503.771.7914. 8800 SE 80th Ave. www.csoregon.org

COUNSELING & MEDIATION

- ◇ Baby Blues Connection– 24-hour message line. Free telephone, email, group, online support and resource to women and their families experiencing any variety of perinatal and postnatal mood disorders. Phone #: 800.557.8375. www.babybluesconnection.org
- ◇ Jewish Family and Child Services– Individual, family, couples, group and vocational counseling, and parent coaching program for parents of children with disabilities. Emergency assistances services. Services on a sliding scale. Ten-minute phone call to access client’s needs. Hours: 9am–5pm Mon–Thurs; 9am–2pm Fri. Downtown Bus; MAX Blue, Red; Streetcar. Phone #: 503.226.7079. 1221 SW Yamhill St., Ste 301. www.jfcs-portland.org

EMPLOYMENT & TRAINING

- ◇ Constructing Hope – Pre-apprenticeship, skills and educational training program for people with legal history and low income people. Real world experience for the construction industry, facilitates permanent job placement for program graduates. Also, five-week youth summer program for teen ages 15-19. 405 NE Church St. Phone #: 503.281.1234. www.constructinghope.org



Nursery Highlight



Classroom Attendance

Child(ren) participates in the therapeutic classroom 2 days per week for 3 hours per day.

Children must be at school at least 75% of the time.

If a child misses 2 classes in a month the Family Advocate will call to see how things are at home and check to see if we can offer support to get the child(ren) to school.

If a 3rd class is missed a warning letter will be sent to the home letting the parent know that if attendance continues to be an issue the child is at risk of being exited from the program. Also, the Family Advocate will create a written agreement with the parent outlining a plan for the child's attendance to increase.

Garden Digs!

By Crystal Ross

Spring is stirring in our garden's, and there is much to be excited about!

With the help of the Blue-Print Foundation, our new fruit trees are ready to be planted. In fact, the pear tree is already in bloom!

We are also looking forward to planting a thriving garden at our East location!

Soon we will be enjoying an abundance of bright and cheery daisies, and marigolds, a fra-



Photo by Kasia Bilhartz

grant herb garden, and some sweet and juicy cherry tomatoes.

Stay tuned for more updates!"

Volunteer Spotlight



For the month of April, the Family Relief Nursery would like to honor long time volunteer, Kasia Bilhartz.



Volunteer, Kasia Bilhartz

"I have had a life-long love of nature, and especially enjoy nurturing plants and animals," said Kasia. "It has been great fun to share these interests with the children and staff at FRN."

"From watching the kids digging up potatoes and munching cherry tomatoes fresh off the vine in the garden, to having their help in tending to the fish-tank- These are the moments that I find most rewarding!" she continued.

If you or someone you know would like to volunteer at either the East Family Relief Nursery or the West Family Relief Nursery, please contact Crystal Ross at 503.867.5843 cross@voaor.org.

The Family relief Nursery could not operate without the generous grants from the following organizations:



Investing in our future

