

## BREAKFAST SELECTIONS

### Executive Continental

Assortment of juices. Seasonal fresh fruit salad or tray, selection of muffins, bagels and sweet rolls, hard boiled egg.

\$8.75 per person

Minimum order of 12

### Healthy Start

Chilled orange and grapefruit juices. Whole fresh fruit, low fat muffins, bagels, assorted individual yogurt, granola.

\$8.75 per person

Minimum order of 12

### Italian Veggie or Sausage Strata

Sausage, zucchini, mushrooms and cheese flavor this rich, hearty egg dish.

\$4.75 per person to the Executive or Healthy Start Price

### Breakfast Burritos

\$4.75 per person to the Executive or Healthy Start Price

## BREAKFAST TRAYS

**SMALL SERVES 8-12**    **LARGE SERVES 16-20**

### Assorted Pastry & Muffin Tray or Assorted Bagles

Served with cream cheese & butter or housemade hummus

Delicious assortment of freshly baked muffins and pastries.

Small: \$ 46.50

Large: \$ 67.50

### Fresh Fruit Platter

A colorful arrangement of seasonal fresh fruit.

Small: \$54.95

Large: \$84.75

**COFFEE, TEA, OR WATER SERVICE ONLY**  
with meal service

\$3.75 per person  
\$2.75 per person

Minimum order of 18

## COLD LUNCH SELECTIONS

### Classic Box Lunch

The classic lunch served with a sandwich or wrap, fresh whole fruit, chips and a gourmet cookie. Sandwiches are served on 24 graining bread or wrap accompanied with cheese and lettuce unless specified.

We offer gluten free & vegan options.

Please select from the following:

- Turkey Breast
- Roast Beef
- Veggie
- Deli Ham Spicy
- Chicken
- Chicken Salad
- Tuna Salad
- Vegan

**\$8.95 per person**

**Minimum order of 12**

### Make Your Own Sandwich Bar

A variety of meats and cheeses served on 24 grain bread with lettuce, tomato, and condiments unless specified. Served with chips, side salads and gourmet cookies.

We offer gluten free & vegan options.

Salad Selections (choice of two):

- Pasta Salad
- Potato Salad
- Greek Salad
- Green Salad with Dressing

**\$11.25 per person**

**Minimum order of 12**

### Beverages

Coke, Diet Coke, Sprite, Dr. Pepper, & bottled water

**1.75 per beverage**

## HOT LUNCH SELECTIONS

*Minimum order of 12. Price includes disposable plates, utensils and napkins. Beverages are not included. Cookies served with each meal.*

### **Baked Potato Bar**

*Gluten Free & Vegan Friendly*

Served with chili, cheese, bacon, sour cream, chives, broccoli, tomatoes, salsa & butter. Garden salad, rolls and cookie included.

**\$11.95 per person**

### **Meat or Veggie Lasagna**

Pasta layered with Italian sausage, vegetables, cheeses and a marinara sauce. Served with garden salad and rolls.

**\$11.95 per person**

### **Basil Chicken**

Tender chicken breast infused with sweet basil and garlic with a cream sauce. Served with penne pasta, steamed vegetables and bread.

**\$12.95 per person**

### **Chicken Kiev**

Chicken stuffed with feta and parmesan cheese, spinach, and lightly breaded. Served with rice pilaf, garlic roasted brussel sprouts or green sala, rolls and cookies.

**\$12.95 pre person**

### **Fajita Bar**

*Gluten Free & Vegan Friendly*

Seasoned beef or chicken, onions & peppers, cheese, green onions, olive & jalapenos. Served with tortillas\*, spanish rice, pinto beans, green salad and cookies.

Tortilla options: flour & corn\*

**\$13.95 per person**

## SPECIALTY TRAYS

SMALL SERVES 8-12    LARGE SERVES 16-20

### Fresh Fruit Platter

A colorful arrangement of seasonal fresh fruit.

Small: \$54.95                      Large: \$84.95

### Meat and Cheese Tray

A variety of premium deli meats, sliced domestic cheeses and assorted crackers.

Small: \$54.95                      Large: \$84.95

### Cheese Lovers Tray

A fresh selection of imported and domestic cheeses, cubed and sliced on a garnished platter. Served with assorted crackers.

Small: \$54.95                      Large: \$84.95

### Fresh Vegetable Tray

An array of fresh, seasonal raw vegetables. Served with dipping sauce.

Small: \$54.95                      Large: \$74.95

### Antipasta Tray

Assorted vegetables, cheese, deli meats, and crackers

Small: \$54.95                      Large: \$84.95

### Pinwheel Tray

An assortment of meats with lettuce and seasonal vegetables in a chipotle tortilla.

Small: \$54.95                      Large: \$84.95

### Fresh Baked Cookies

Combination of classics and new favorites.

\$15.00/dozen

## SALADS

*Minimum order of 10. Price includes disposable utensils and napkins. Beverages are not included. Cookies or dessert bars served with each box. All salads are \$13.95 per person.*

### Salad Bar

Choose any of three fresh salads below. Served with fresh rolls and cookies.

**Minimum order of 12.**

### Fiesta Salad

Chicken breast, corn, black beans, tomatoes, avocado, and cheese served on a bed of fresh greens. Salsa, Spicy Ranch and a roll come on the side.

### Grilled Chicken Caesar Salad

Our own house Caesar dressing, croutons, parmesan cheese tossed with fresh romaine. Served with fresh bread.

### Classic Chef Salad

Tomato, carrots, hard-cooked eggs, strips of ham and/or, turkey and cheese, all of which are placed upon a bed of tossed green salad, and fresh bread.

### Stuffed Avocados

Stuffed with either shrimp or chicken salad.

### Insalata Caprese

One of the most simple and delicious salads. Fresh tomato, mozzarella cheese, basil and topped with a vinaigrette.

### Greek Salad

Beautiful salad with an abundance of feta and Kalamata olives, served over a bed of fresh romaine.

### Mom's Favorite Chicken or Tuna Salad

Classic favorite with a hint of fresh dill & basil, served over fresh greens.

### Tortellini Salad

Cheese tortellini, bell peppers, artichokes, broccoli, red onion and tossed with your choice of creamy or Italian dressing.

### Chicken Cobb Salad

Bacon, blue cheese, avocado, and chicken are all ingredients in the classic Cobb salad.

### Chicken and Blueberry Salad

Fresh blueberries, hazelnuts and feta cheese make up this light tasty salad.

At Volunteers of America Oregon we are *Catering for a Cause*. Volunteers of America Oregon is a non-profit organization that offers specialty catering services. Our culinary team takes great pride in the quality of their work and has built a reputation of providing great tasting meals while delivering impeccable customer service. Proceeds support our social services programs that include: Children & Family Services, Rehabilitation Services and Senior Services. In addition, our central kitchen serves as a living laboratory for the residents of the Women's Residential Center. The residents, during their rehabilitation program, are given a unique opportunity to learn food preparation skills, earn a food handlers card and experience the value of taking on responsibilities.

## ORDERING GUIDELINES:

- Minimum invoice order \$150.00
- 48 Hour notice required on all orders
- Large orders require 7 days notice before the event date.
- Delivery charge of \$10.00. Free delivery on orders over \$150.00
- Delivery outside Portland Metro area subject to increased delivery charge
- Price includes disposable plates or boxes, utensils and napkins
- Vegan, gluten free, and special diet menus available on request
- Special Events menu available on request

Please fax your order using the form provided. Toll free 1 (866) 853-3451

Extra order forms are available at: [www.voao.org/caterform.html](http://www.voao.org/caterform.html)

If you have any last minute changes the day of your event,  
**please call Debra Lorenzo at (503) 267-7490.**