

**Who are we?**

Adult Day Services are a structured, comprehensive program designed to meet the needs of functionally and/or cognitively-impaired adults. We provide individually-planned service, supervision, social, and related support services, and health monitoring in a protective setting during any part of a day, but less than 24-hour care.

**What populations do you serve?**

We serve adults with physical and intellectual disabilities. We have an emphasis on the special needs related to traumatic brain injuries, multiple sclerosis, cerebrovascular accident, Alzheimer's disease, other Dementia, and Parkinson's disease.

Our current age range is 32 – 103. We pride ourselves in building a community of diverse individuals while still attending to individualized needs and care plans.

We have worked successfully with people who present an elopement risk, people who have incontinence care needs, people who present a high fall risk, and people with profound emotional disorders.

Individuals with behaviors that would disrupt the milieu are not a good fit. Call us to discuss your case individually.

**Where are the programs located? Who do I contact for a tour and enrollment?**

**Lambert House:** (503) 760-2075 | 2600 SE 170th Avenue Portland, OR 97206  
Julie LaRocco Harms | Program Supervisor/Case Manager | [jharms@voaor.org](mailto:jharms@voaor.org)

**Marie Smith Center:** (503) 335-9980 | 4616 N Albina Street Portland, OR 97217  
Lisa Nims | Program Supervisor/Case Manager | [lnims@voaor.org](mailto:lnims@voaor.org)

**Where can I get a program application?**

<https://www.voaor.org/adult-day-services>

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## **Why should I enroll someone?**

Enrolling someone in Adult Day Services gives them access to an additional portfolio of life enrichment activities and caregiver support resources.

Enrollment helps keep people in their own homes as long as possible, postponing community-based care placement.

Adult Day Services enrich the lives of those already in community-based care placements by providing additional life enrichment activities, health monitoring, and case management.

## **What is the intake process and how long does it take?**

**Step one:** Call us for a tour and initiate the application process.

**Step two:** Return completed application by email, fax, mail, or in person.

**Step three:** Our interdisciplinary team takes approximately one week to process the application and get the new participant started.

## **What information do I need to speed up the application process?**

- Documents: Physician Order for Life-sustaining Treatment (POLST), advance directive, Power of Attorney, letters of guardianship/conservatorship (as applicable)
- Medication and diagnosis list
- Primary Care Provider name and contact information

