

通向自由的第一步

通过心理咨询使我懂得了为什么赌博会上瘾, 并且不能自我控制, 直到日夜不眠, 倾家荡产的地步. 借助于 Volunteers of America Oregon 的帮助, 不但让我掌握了一些戒瘾的办法, 也让我增长了很多知识, 对自己也有比较深刻的了解, 现在我的家庭关系也慢慢地缓和起来.

我看到了将来...

caring



Take the First Steps: Contact Us

Call for an appointment

Asian Services:
Volunteers of America Oregon

Problem Gambling Services:
Phone: 503-954-6986 | Fax: 503-228-9558

Oregon HelpLine: 1-800-695-4648 or 1-800-my limit

727 NE 24th Avenue, Portland OR 97232

Volunteers of America Oregon – Asian Services
727 NE 24th Avenue
Portland, OR 97232

www.voaor.org



亚洲人赌博问题免费咨询
服务中心

ASIAN SERVICES
for Gambling Issues

503-954-6986

 Volunteers
of America®
OREGON

Asian Services is a comprehensive program that helps individuals make positive life changes.

What does Asian Services offer?

- Free consultation and advice available over the phone
- Financial planning and budgeting
- Help for family members who are struggling with gambling issues
- Help for people whose gambling is interfering with their life and family
- Individual, family and group counseling
- Educational group classes about dealing with gambling issues

All gambling-related services are free.



Our services are...

Respectful

- Your information will be confidential
- Your dignity will be respected

Holistic

- We support each individual in their own request and tailor services to your unique needs
- Will approach the issue from the physical, mental, and emotional aspect
- Can be inclusive of immediate family members

Culturally Appropriate

- We provide culturally sensitive services
- All services are completely self-directed

Convenient

- Location is on bus lines
- Free parking
- Quick access to appointments
- Evening, day and weekends available
- Home visits
- Services available in your language

educating

My counselor really understands me and my culture. We have worked together to address my issues and help me improve my life and make my family stronger.



compassion