

“Adelante offers a culturally appropriate and effective program. They treated me with respect, with care, and with compassion. They truly know how to listen to people.”

– Adelante graduate



Take the First Steps: Contact Us

Call for an appointment

¡Adelante!: Volunteers of America Oregon

Services for Alcohol & Drug Treatment
and Problem Gambling:

Phone: 503-501-9939 | Fax: 503-228-9558

10564 SE Washington Street, Portland

(near Mall 205 and the MAX Blue Line, with easy access to
MAX Green Line and bus #15, 20, and 22)

- Latino Alcohol & Drug Treatment Services
- Latino Problem Gambling Services



Volunteers of America Oregon – ¡Adelante!
10564 SE Washington Street
Portland, OR 97216

www.voaor.org



¡Adelante!

A PROGRAM OF VOLUNTEERS OF AMERICA OREGON

educating

compassion

uplifting

supporting

Everyone
deserves
to be
free from
alcohol,
drug, and
gambling
problems.

 **Volunteers
of America®**
OREGON

¡Adelante!

Adelante is a comprehensive treatment program that makes individuals ages 14 and over make positive life changes. We utilize the cultural strengths of each person to provide effective services. We provide Substance Abuse, Problem Gambling, Mental Health, and Naturopathic Medical Services

¡Adelante!
changes lives

What does ¡Adelante! offer?

- Alcohol & Drug Treatment
- Help for problem gamblers & their family members
- Individual, family & group counseling
- Help resolving DUIs
- Naturopathic* Medical Services
- Mental Health Services – Counseling & Medication
- Personalized assessment, planning and advocacy to meet each individual's needs
- Help for high-risk and/or gang-involved youth

*Naturopathic doctors are licensed by the state to help prevent and treat disease by using medicines and methods that support the natural healing power of the body

Why ¡Adelante! is different

Our Treatment is:

Respectful

- Your treatment will be confidential
- Your dignity will be respected
- We understand that culture is a primary component of motivating individuals to make changes in their lives. We use the experience of each person to provide appropriate assistance, as well as various other factors in the culture at large.

Holistic

- Tailored to your unique needs
- Will meet your physical, mental, and emotional needs
- Can be inclusive of immediate family members

Effective

- Highly-trained, experienced staff
- Skilled at helping clients who have legal issues and DHS involvement

Culturally Appropriate

- We believe that the door to recovery is open to each individual's specific culture
- We believe the most effective treatment is culturally-specific
- We take into account the unique cultural aspects of each individual

Affordable

- We accept most insurance & the Oregon Health Plan
- Discounts available for individuals paying cash
- Free alcohol & drug treatment available for qualifying low-income residents
- Low-cost medical treatment with naturopathic physicians
- Free problem gambling services – for both the problem gambler and family members

Convenient

- Located on bus and MAX line
- Free parking
- Quick access to appointments
- Evening and day time services available
- Services available in English and Spanish



While in Adelante, I realized the severity of the problem I faced. They treated me with respect and supported me. I felt like a member of a family. Adelante educated me!