



PROGRAM OVERVIEWS

Volunteers of America Oregon has been leading the way since 1896 in the search for innovative solutions to our community's most complex and intractable social problems: poverty, substance abuse, domestic violence, community justice, healthy and safe parenting, and care for elderly and disabled adults.

CHILDREN & FAMILY SERVICES:

CourtCare: A certified drop-in childcare program located in the Multnomah County Courthouse, CourtCare provides a safe, nurturing environment where children are protected from distressing situations in the courtroom while parents are engaged in court proceedings.

Family Connection: Provides the following program elements:

In-Home Family Services: provides in-home stabilization services to DHS-referred families to keep children safely in their homes and/or help families prepare for reunification.

Parent Education: provides parent education in an interactive classroom setting to parents referred by DHS/Child Welfare. Services are designed to improve parents' ability to provide safe, nurturing and developmentally-appropriate environments for children.

Youth Prevention Services: provides services at seven Housing Authority of Portland sites to strengthen families by offering culturally-informed activities and support shaped by community input, including fun family and youth activities, homework clubs, parenting education, and substance use and risk education.

Group Therapeutic Visitation Pilot: Parent Educators work with DHS-referred families who will soon be reunited with their children. The services are developed to support relationship and skill-building to facilitate this reunification. Two three-hour visits with coaching are provided in a small group setting each week. The model also incorporates facilitated family meetings.

Family Recovery Support Program: This program provides post-treatment services for families in recovery from addiction who have or have had child welfare involvement. Services occur on a voluntary, drop-in basis, by appointment or at the client's home. Participants also have access to a Family Therapist who provides family, couples and individual therapy; and a Resource Specialist assisting participants in accessing various community resources, such as housing, employment, clothing, food, medical care.

Family Relief Nursery: This prevention/intervention program helps to stop the cycle of child abuse & neglect while also providing development assessments and a therapeutic nursery/preschool environment for children ages six weeks through five years. The program provides skills training, respite care, and home visits to assist families in re-establishing a safe, caring home environment.

FIT for Recovery: This program provides parents who have addiction issues and who are involved in the Child Welfare division with rapid access to substance abuse treatment.

Home Free: An award-winning domestic violence intervention program, Home Free provides emergency and transitional services to adults and their children who are living with or escaping from domestic violence. Services also include a crisis line, emergency housing, mobile and out-stationed

advocacy, intensive case management, restraining order advocacy, parenting support, children's services, support groups, and systems navigation, along with ongoing support and transitional services for up to two years.

Gateway Center for Domestic Violence Services: As part of a collaborative effort that includes law enforcement, the District Attorney's office, Legal Aid, DHS, and other domestic violence service providers, Home Free provides support groups for children, group and individual advocacy for parents and teens, and certified drop-in childcare.

My Little Waiting Room®: A certified drop-in childcare program located at Providence St. Vincent Medical Center that provides a safe, stimulating environment for children while their parents and guardians attend medical appointments or visit family members in the hospital.

PUBLIC SAFETY / REHABILITATION SERVICES:

Alcohol & Drug Outreach: This program provides resources to parents who were previously unable to foster a safe, nurturing environment for their children due to substance abuse. These resources remove barriers to treatment and give support to help parents move toward positive reunification with their children and the creation of more stable families.

Community Partners Reinvestment Project: A groundbreaking collaborative project that addresses the reintegration of young adult offenders (ages 18-25) from state prison and back into society, this program provides substance abuse treatment and education, job skill development and employment assistance, and is proven to reduce the rate of recidivism. Focus is placed on supporting a drug and crime-free healthy lifestyle and provides pre- and post-release counseling for both the young offender and his family.

Men's Residential Center: A residential drug and alcohol treatment center for male offenders, this program includes four months of intensive treatment, two months of transitional care, and six months of continuing outpatient care. The men residing in this 52-bed facility voluntarily enter the program after being referred by the Multnomah County criminal justice system.

Portland Partners Re-Entry Initiative: In collaboration with SE Works (a job training and resource center), Volunteers of America Oregon oversees this program that provides employment assistance and support services for adults re-entering the community after incarceration.

Residential Support Program: In partnership with the Multnomah County, the City of Portland and the Portland Police Bureau, this program, which improves lives and enhances community safety, provides housing, stabilization, nutritious meals, case management and 24-hour staff supervision for homeless men to assist in their recovery process. Once clients are ready, they may begin formal treatment at the Volunteers of America Oregon Day Treatment Center.

Women's Residential Center: Female offenders in this residential drug and alcohol treatment program receive six months of intensive treatment and resources to address mental health, parenting and abuse issues. The program also includes a family component, allowing young children to reside with their mothers while in treatment at the center.

TREATMENT SERVICES:

Day Treatment Services: The Day Treatment Program helps chronically homeless men to overcome addiction, rebuild their lives and become productive members of society. Using an innovative model, services focus on creating behavioral change by addressing criminality, as well as providing round-the-clock therapeutic support and provides a foundation for recovery, including counseling, recreational activities, meals, and case management for housing, employment, transportation and medical needs.

Referrals are coordinated through the Service Coordination Team.

InAct: This comprehensive outpatient program treats substance abuse, problem gambling, and mental health among men and women ages 18 and over. Using evidence-based treatment tailored to individual needs, InAct strives to treat the whole person through individual and group counseling, naturopathic health care, medication management, and case management and referral services.

Specific services include:

Adelante: Provides culturally-specific addiction, mental health, problem gambling, and naturopathic health treatment to the Latino community.

Adelante Youth Services (Jovenes Adelante): Provides culturally-specific substance abuse treatment to Latino youth and youth mentoring services.

Asian Services: Provides culturally-competent problem gambling treatment specifically targeting the Asian community including individual, family and group counseling, financial planning and budgeting.

Low-Intensity Residential Treatment: Intensive outpatient treatment for 10 men in a monitored, clean and sober residential setting.

Multnomah County STOP Court: Provides addiction treatment and naturopathic healthcare for individuals involved in the county drug court for drug-related offenses.

Multnomah County START Court: Addictions treatment for repeat property offenders.

Problem Gambling Treatment: Provides no-cost treatment for problem gamblers and their families.

Re-entry Enhancement Program: As part of partnership with other community providers, provides intensive wrap-around services for men and women transitioning back to the community from prison.

SENIOR SERVICES:

Adult Day Services: Two neighborhood-based Adult Day Centers, the *Marie Smith Health & Social Center* and *Lambert House*, offer daytime therapeutic health and social services that support optimal independence and well-being in frail seniors and adults with disabilities. Caregivers also gain respite and assistance through the program's advocacy, supportive staff, resource libraries, and training programs.

Whispering Pines Senior Village: This 62-unit subsidized senior apartment community in Estacada, Oregon includes independent living units and community activities and amenities.

BUSINESS ENTERPRISES:

Sale proceeds from business enterprises are utilized to help support Volunteers of America Oregon service programs.

Food Services: Over 15,000 tasty and nutritious meals are provided each month to both internal and external clients, with assistance from participants in our Women's Residential Center; who in turn receive marketable food services skills.

Catering for a Cause: As a leading catering service in the business community, Catering for a Cause provides over 300 meals each day to internal and external clients.

Recycling: In collaboration with Smurfit-Stone Recycling, VOA Oregon offers businesses and organizations in the greater Portland area the opportunity to recycle their office waste.

Resale Outlet: The Resale Outlet provides on-site donation services as well as scheduled pickups of quality, donated merchandise, which are then sold at discounted prices.

Vehicle Donations: Donated vehicles that include cars, boats, motorcycles, and recreational vehicles are

auctioned off weekly. Volunteers of America Oregon's *Charity Connection*, partners with numerous local non-profits to auction their vehicle donations for a commission.